

# Borilla Bulletin

A big thank you to all those who came to the AGM on Saturday Feb 25th.

Congratulations to our new Management Committee elected on that day.

- ⇒President: Kylie Pickering
- ⇒Vice President: Clair Cook
- ⇒Secretary: Charlene Cope
- ⇒Treasurer: Joanna Lennon



Thank you to all those who have taken a position on our Fundraising Sub Committees and as a voting member. The staff are looking forward to working with you.

I would like to thank the 2016 committee, Kylie, Joanna, Stacey, Kylie & Rachel for all their dedication and hard work whilst on our committee.

If you wish to contact the committee at any time please email: borillakindypresident@gmail.com

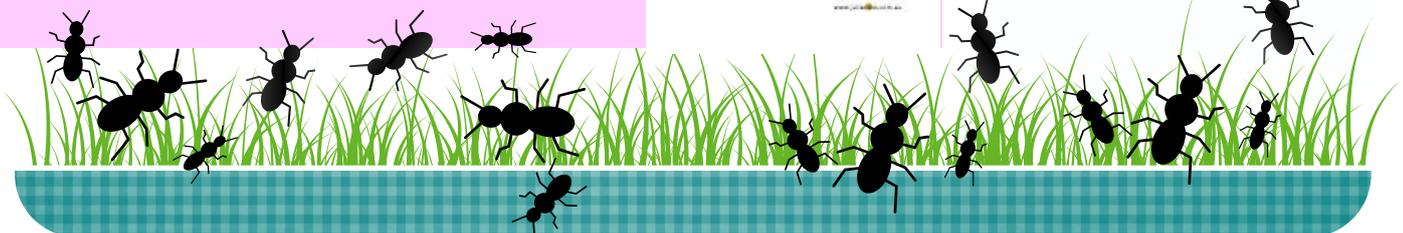
## Julie Cross is coming to Emerald.

The Central Highlands ASD Support group is proud to bring Julie Cross to Emerald. As a motivational speaker Julie Cross is unique. Julie believes in the power of authenticity, of telling it how it is, of sharing her own journey and being both brave and vulnerable at the same time. She is well-known for spreading her sparkle.

Her core message is simple – encouraging people to empower up to know themselves better, take personal responsibility, which in turn will help them to be happier and more productive in their life and career. Flyers have been distributed.



TREAT YOURSELF!!!



Please remember that we are a

**NUT FREE ZONE.**

Thank you for your support in making Borilla a healthy eating centre.



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**Lady Gowrie**<sup>QLD</sup>  
Community  
Kindergartens

# Easter Float

Borilla Kindergarten will be entering a float in the Easter Parade on Easter Saturday Morning. The children will prepare decorations for the float and ride on the truck with an adult during the Easter parade on Easter Saturday morning. At 8.00am on Easter Saturday morning we need helpers at the kindy to decorate the truck. More details to follow closer to the end of the term. Many thanks to the Meek family for the donation of their truck.



Mrs Jenny Finlay will be taking leave from March 20th until the beginning of Term 2 to support her husband as he has surgery to replace a knee (again)! During this time Mrs Nat Wells will be the responsible person at Borilla Kindy.



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## Support Services

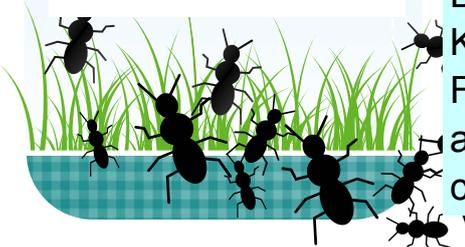
Borilla Kindergarten prides itself in supporting families and children. We have access to a variety of support services. These include: BushKids, Qld Health (Speech Therapists & Occupational Therapists), PromoteOT, a range of private Therapists and the Early Childhood Developmental Program.

We can also write letters to support visits to Therapists, Doctors and Paediatricians as required. If you require any assistance in contacting Support Services please talk with your child's Teacher.

Don't forget to join our closed group, Borilla Kindergarten 2017 on Facebook site. This is another avenue of communication.



Find us on:  
**facebook**



# Positive separations

From <http://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning/positive-separations>

Separating from loved ones can be distressing.

Early childhood services and schools are supportive environments where children have many opportunities to grow and learn through their positive experiences. However, when children are separated from their parents and carers they can feel distressed. This is a common response from about six months of age and can continue into the early years. Some school children may also experience some separation distress.

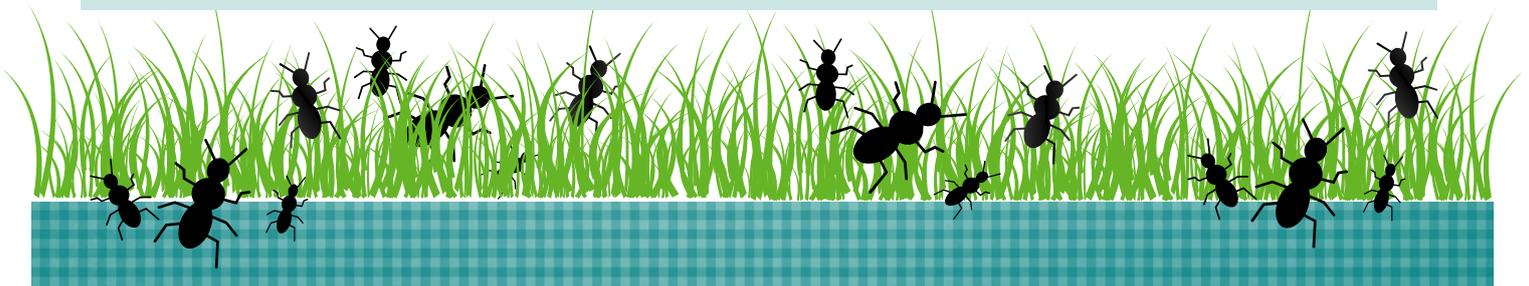
Children may show their distress in different ways. Whereas some may be visibly upset, others may have physical symptoms such as headaches, nausea or tummy aches. Other children may show their distress by appearing nervous, being restless, clingy, or by being quiet and withdrawn.

Distress from separating from their parents or carers is a common feeling for many children when they first go to an early childhood service or start school. They may be feeling a little unsure in a new setting with new people. Children's distress is generally short-lived and they are quite often happily playing within a short time of their parents or carers leaving. Over time, children learn to feel safe in their new surroundings and gradually experience less separation distress.

Children vary in their levels of emotional sensitivity. Some children worry about lots of things, while others are more carefree. Most are somewhere in between. Separating from parents and carers can be distressing for children, and can result in behaviours that are hard to manage - like screaming, tantrums or refusal.

Understanding and managing separation distress is the first step involved in helping a young child to feel comfortable to be apart from their parent or caregiver.

Helping children to cope with separation distress is best achieved when parents or carers and early childhood services and schools work together to create positive separation experiences for children.



# Staff profiles.....

## Introducing **Jenny Stagoll**.

Jenny is our Teacher in Unit 1. After a long teaching career (including 5 years at Borilla Kindy) Mrs Jenny has had a brief taste of retirement and enjoyed some special time with her new grandson Noah. Now feeling refreshed and vibrant, she will be working until Mrs Jess returns in 6 months from her maternity leave.

Originally from Tasmania, Mrs Jenny enjoys travelling with her husband Phil. She is passionate about the environment and this is reflected through her photography. Mrs Jenny is an ardent advocate for young children and their families.



**Thanks Mrs Jenny, we are excited to have you back at Borilla Kindy again!**

## Introducing **Jane Inslay**.



Jane holds a couple of roles at Borilla kindy. You will find her friendly face in the office later in the week. At the beginning of the week, Jane works in a room supporting children with additional needs. Jane is completing a Diploma of Early Childhood Education & Care. However, she is no stranger to Borilla having all four of her children attend the kindy and having worked at the kindy since 2014.

**Thanks Jane for the passion and professionalism you bring to our kindy.**

# Speech 4 All Snippet

## Sharing Books with Your Child

Reading a story with your child may involve reading their favourite book from cover to cover, over and over again or it might be a quick flick through the pages. Some children will want you to read to them while others will want to tell you the story. These are all great ways to share a book with your child. What is important is that your child is enjoying themselves and the book is creating the opportunity for an interaction and discussion between you and your child.



When choosing books to read with your child some types of books to consider are:

- \* **Books that are repetitive**, the repetition makes it easier to remember important words and sentences. An example of a book like this is “Brown Bear, Brown Bear, What Do You See” by Bill Martin Jr.
- \* **Simple books with a main character or event**, books that have a simple beginning, middle and end. An example would be “The Very Hungry Caterpillar” by Eric Carle.
- \* **Non-fiction books** about animals, places and things the child is interested in.

**Try to avoid long and complicated books. Choose books with lots of pictures.**

Reading the book together:

Let your child choose the book, hold it and turn the pages. Give your child time to look and comment on the pages.

Allow them to read the book their way – this may be you reading every page or a quick flip through.

You don't have to read the story that is written – you can look at the pictures and talk about what is happening. Your child may want to make their own story up.

**Use a range of words** – Talk about the names of things (nouns) as well as describing words (e.g. big, dirty, fast, action words (e.g. run, climb, jump) feelings (e.g. sad, excited, scared), location words (e.g. on, in, next to) and words about time (before, soon, later).

**Talk about the important words** - find a picture in the book that demonstrates the word, act the word out, look around the room or house and see if you can use that word.



**Most importantly remember to have FUN sharing the book with your child. Happy Reading!**

If you have any questions please feel free to contact Carmen at

Borilla Kindergarten on 07 4982 4734 or email  
therapy@borillakindy.com.au

## Visitor's to the kindy.

In Week 9 RESTA will visit the kindy to deliver a Reptile Awareness Show.

They will visit on Tuesday 21st March and Thursday 23rd March. Please return permission forms and payment (if applicable) as a soon as possible.



Borilla Kindy has a huge array of documents that pertain to the running of the kindergarten. These include:

- ⇒ our Handbook
- ⇒ Constitution
- ⇒ Meeting Minutes
- ⇒ Gowrie policies pertaining to all areas of the Kindy operation
- ⇒ Extensive signage including Service & Provider Approval, Responsible Person, Certified Supervisors, Management Committee
- ⇒ Borilla Kindy Philosophy
- ⇒ Community Register

These (and many others) are on display in or near the main office. Please see Jane or Paula in the office if you cannot locate any of these. We also have an extensive parent library located in the BMA Multipurpose room if you would like to access it.



## Coming Events

- March 13, 15 & 17: Gowrie ECEC Coordinator visit.
- March 6: Gowrie network meeting for staff
- March 15: Friends of Bushkids meeting 3.30pm at Bushkids
- March 16: Gowrie network meeting 4.00pm
- March 20—March 31: Mrs Jenny away, Mrs Nat to stand in as Responsible Person
- March 21 & 23: Radical Awareness Show for children: 11.00am
- March 31: Last day for Term 1
- April 15: Easter float (8.00am decorate at kindy: 10.00am Float in Easter Parade)
- April 18: First day of Term 2
- May 12: Julie Cross Presentation: 5.45pm
- May 22 & 25: Old Macdonald's Farm
- June 15: Sensory Processing Training Nelle Francis (Emerald)
- June 23: Last day Term 2
- July 10: First day Term 3
- Sept 15: Last day Term 3
- October 3: First day Term 4

## Borilla Kindergarten Handbook.

If you would like to receive your copy of the handbook via email please contact Jane or Paula in the office.

### **Our vision:**

Families are supported .....

Children realise their full potential.....

Children's services are valued and supported .....

Everyone in the community benefits.

